## Sea Fever as lock-down eases

(Profound apologies and thanks to John Masefield

I must go down to the sea again, to the lonely sea and the sky And all I ask is a car park, and a WC nearby And the wide beach and the gulls' screech, and the kids' faint screaming As they run wild as is right for a child while I lie dreaming.

I must go down to the sea again, for the call of its boundless spaces After weeks inside can't be denied – kids, get your coats, tie your laces -And all I ask is some time and ease, with the children happy playing, For my mind to expand as I lie on the sand 'til the sky starts greying

I must go down to the sea again, to a space that is wider than walls, A space to run and a space to think and a space into which thought falls And multiplies as the cloudscape flies, in the wild wind blowing As the seagull cries and my spirits rise, as my mind begins re-growing.

I must go down to the sea again, to escape this prison cell Of a Covid life of domestic strife and of kids not coping well My only need to be briefly freed, a chance for us all to recover And a sense of peace and a quiet sleep, when the long drive home is over.